

# Intro to Gum Paste Flowers

## Roses

1. Make a small hook on the end of a piece of 18-24 gauge wire and fit a small cone of colored paste onto it. You want the cone to be shorter and slimmer than the size of the petal to be used. Allow this to dry.
2. Roll out the gum paste and cut out one 5 petal blossom. Soften the edges with a ball tool. Transfer this cut out onto a small piece of foam. Insert the wire with your cone at the end into the center of your cut out on the foam. Be sure the cone has been moistened with water.
3. Petal Wrapping
  - a. Select one petal to be number 1 and wrap it tightly around the cone.
  - b. Skip petal 2 and take petal 3 (opposite of petal 1). Wrap loosely on the cone.
  - c. Take petal 2 and place it so that it's centered, about halfway covering petal 3. Put petal 2 slightly higher and leave the end free.
  - d. Tuck petal 4 inside the loose end of petal 2 and continue to wrap the bud. Again leaving the end free.
  - e. Repeat with petal 5 being tucked under the free edge of petal 4.
  - f. Allow to dry.
4. Repeat steps 2 and 3 for a second set of petals, starting with any petal. Just make sure the first petal you attach this time around is centered on one of the petals from step 3. Next, apply petals in order, always leaving the end free and tucking the next petal in under the free edge until they are interwoven around the entire bloom. Allow to dry.
5. Repeat this for a third time, but this time set the petals slightly lower and curling some edges with toothpicks prior to application.
6. For authenticity, you can also add the Calyx and Rose Hip.
  - a. For the calyx, roll out some green paste and cut out one calyx. Soften the edges with a ball tool and moisten the back of the rose. Slide the calyx up onto the back of the rose.
  - b. For the rose hip, make a small teardrop of green paste and slide it up underneath the calyx to be the rose hip.

This demonstration was brought to you by the Wisconsin Bakers Association at the 2017 Midwest Foodservice Expo

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